

**Frederick Women's Distance Festival, August 9, 2014**

**Updated: August 18, 2014**

<b>Place</b>	<b>Bib</b>	<b>First</b>	<b>Last</b>	<b>Age</b>	<b>Gender</b>	<b>Time</b>	<b>Award</b>	<b>Team Award</b>
1	207	Maria	Carberry	16	F	19:01	1st, Overall	
2	217	Katelin	Peropat	24	F	19:10	2nd, Overall	
3	347	Charlotte	Kowalk	16	F	19:33	3rd, Overall	Team Kowalk, 1st Mother-Daughter
4	411	Abbey	Daley	19	F	20:10	1st, 15-19	
5	16	Annie	Frasier	20	F	20:24	1st, 20-24	
6	355	John	Way	49	M	20:36		
7	319	erin	truxillo	31	F	20:52	1st, 30-24	
8	2	keary	johnston	49	F	21:06	1st, Masters	
9	241	Tori	Frezza	27	F	21:12	1st, 25-29	
10	200	Jenny	Gannon	41	F	21:15	1st, 40-44	
11	350	Janeth	Scott	52	F	21:47	1st, 50-54	
12	173	Ruth	Taylor	46	F	21:57	1st, 45-49	
13	311	Kristin	McPherson-Pratt	36	F	22:15	1st, 35-39	
14	92	Paris	Hunter	13	F	22:29	1st, 14 and under	
15	5	Jaime	Brown	38	F	22:47	2nd, 35-39	
16	325	Lindsey	Heigh	20	F	23:03	2nd, 20-24	
17	43	Aubrey	Schaffer	11	F	23:22	2nd, 14 and under	
18	408	Lillian	Zenner	15	F	23:24	2nd, 15-19	
19	89	Janadel	Harris	34	F	23:26	2nd, 30-34	
20	279	Lorraine	Sullivan	52	F	23:37	2nd, 50-54	
21	190	Joanne	Capoccia	46	F	23:42	2nd, 45-49	
22	403	Aliana	Havrilla	34	F	24:11	3rd, 30-34	
23	154	Jennifer	Lange	31	F	24:12		
24	328	Melanie	Bambrick	16	F	24:21	3rd, 15-19	
25	309	Erin	Rocco	25	F	24:29	2nd, 25-29	
26	238	Catie	Lee	15	F	24:35		
27	209	Tara	Topper	43	F	24:41	2nd, 40-44	
28	138	Beverly	Black	54	F	24:46	3rd, 50-54	
29	231	Cheryl	Hull	41	F	24:52	3rd, 40-44	
30	189	Val	Lochman	30	F	25:07		
31	93	Karyn	White	45	F	25:22	3rd, 45-49	
32	345	Kristen	Overturf	54	F	25:23		
33	47	Kirsten	Roy	20	F	25:38	3rd, 20-24	
34	288	Tina	Sonifrank	31	F	25:40		
35	349	Allyson	Watson	16	F	25:44		
36	143	Jayne	Stachewicz	33	F	25:54		
37	329	Deanna	Burke	15	F	25:55		
38	42	Kim	Schaffer	39	F	25:58	3rd, 35-39	
39	45	Courtney	Quatrano	33	F	26:10		
40	267	Beth	Cangemi	35	F	26:23		
41	120	Dee	Nelson	70	F	26:29	1st, 70-74	
42	262	Stephanie	Ottavan	41	F	26:32		
43	303	Marissa	Stepler	19	F	26:42		
44	24	Robin	McConaughy	52	F	26:45		
45	336	Lola	Jemibewon	27	F	26:45	3rd, 25-29	
46	225	Katie	Malone	35	F	26:49		
47	283	Linda	Cronise	50	F	26:49		
48	195	Carly	Moore	19	F	27:00		
49	252	Casii	Dodd	43	F	27:02		
50	261	Melissa	Berry	44	F	27:10		
51	25	Penny	Beeler	48	F	27:12		

Place	Bib	First	Last	Age	Gender	Time	Award	Team Award
52	210	Elizabeth	Liotta	50	F	27:22		
53	315	Sierra	Fogle-Greer	12	F	27:25	3rd, 14 and under	
54	332	Michelle	Haney	29	F	27:27		
55	106	Crystal	Tressler	36	F	27:28		
56	131	Katie	Stottlemyer	15	F	27:40		
57	292	Olivia	Buzby	19	F	27:41		
58	14	Mindy	Morgan	35	F	27:44		Way Station Trotters, 1st Corporate
59	251	Karen	Cappiella	40	F	27:45		
60	35	Danielle	Young	26	F	27:50		
61	18	Nicole	Valloric	31	F	27:53		
62	196	Nicole	Bauguess	33	F	28:01		
63	299	Kim	Hunt	32	F	28:02		
64	404	Allison	Korotky	28	F	28:05		
65	26	Sharon	Int Veldt	31	F	28:11		
66	422	Jennifer	Erculiani	40	F	28:28		
67	12	Jennifer	Minich	25	F	28:31		
68	235	Luanne	Houck	49	F	28:33		
69	162	Kara	Pokras	38	F	28:34		
70	197	Shannon	Magluilo	31	F	28:58		
71	142	Shelby	Laudenslager	16	F	29:02		
72	401	Kristi	McKinley	46	F	29:03		
73	177	Barbara	Terry	36	F	29:05		Kinda Fast, Sorta Furious, 1st Sister-Sister
74	126	Kayla	George	13	F	29:06		
75	176	Judith	Apshago	43	F	29:06		Kinda Fast, Sorta Furious, 1st Sister-Sister
76	78	Rachel	Zeminski	30	F	29:07		
77	234	Ali	Bierly	33	F	29:08		
78	125	Brittney	George	19	F	29:13		
79	346	Ingrid	Kowalk	45	F	29:16		Team Kowalk, 1st Mother-Daughter
80	348	Katherine	Kowalk	18	F	29:17		
81	146	Cheryl	Havenstein	58	F	29:19	1st, 55-59	
82	246	Roseann	Abdu	42	F	29:20		
83	15	Nancy	Frasier	54	F	29:21		
84	168	Tonja	Reddick	43	F	29:23		
85	165	Catherine	Ward	45	F	29:34		
86	268	Suzanne	Redding	46	F	29:35		
87	44	Francene	Dayhoff	50	F	29:38		
88	192	Amanda	Idstein	38	F	29:42		
89	337	patti	rubini	64	F	29:43	1st, 60-64	
90	240	Heidi	Fisher	34	F	29:44		
91	151	Gail	Swarm	53	F	29:47		
92	155	Gina	Harshman	45	F	29:48		
93	289	Sophie	geernaert	11	F	29:50		
94	181	Susan	Gullo	44	F	29:51		
95	287	Pam	Geernaert	46	F	29:51		
96	313	Maya	Hannon	15	F	29:52		Maya & BB, 1st grandmother-granddaughter
97	134	Laura	Weddle	36	F	29:54		
98	227	Nikki	Martin	41	F	30:06		

Place	Bib	First	Last	Age	Gender	Time	Award	Team Award
99	67	Megan	Rogge	37	F	30:15		
100	108	Sarah	Watters	32	F	30:17		
101	65	Jenifer	Winkler	36	F	30:18		
102	260	Rissa	McGill	14	F	30:20		McGill Power, 1st Aunt-Niece
103	306	Monica	Picco	38	F	30:21		
104	64	Tania	Galcik	41	F	30:22		
105	257	Barbara	Caruthers	41	F	30:24		
106	107	Melinda	Krummerich	55	F	30:27	2nd, 55-59	
107	308	Andrea	Robbins	36	F	30:29		
108	321	Brittany	Dinger	23	F	30:33		
109	87	Dana	Leaman	44	F	30:35		
110	133	MaryKay	Morgan	45	F	30:36		
111	158	Clara	Bossaller	14	F	30:37		
112	157	Marien	Hornyak	42	F	30:39		
113	226	Meredith	Crow	35	F	30:44		
114	224	Loretta	Fahy	65	F	30:46		
115	343	Caroline	Kinna	19	F	30:48		
116	10	Michele	Abrecht	61	F	30:49	2nd, 60-64	
117	100	Terri	Ausfresser	55	F	30:50	3rd, 55-59	
118	99	Jill	Dahlgren	52	F	30:57		
119	130	Rebecca	Stottlemyer	39	F	30:57		
120	212	Lynne	Vu	41	F	30:57		
121	211	Madeleine	Liotta	18	F	30:58		
122	294	Janelle	Lucksavage	35	F	31:00		
123	295	Zoie	Lucksavage	11	F	31:01		
124	256	Melissa	Crawford	34	F	31:05		
125	3	Amelia	Dodge	29	F	31:06		
126	104	Kim	Hildebrandt	46	F	31:08		
127	293	Veronica	Buzby	47	F	31:09		
128	90	Paulette	Shockey	66	F	31:14		
129	416	Beth	Gaver	13	F	31:17		
130	253	Amanda	Lawrence	38	F	31:21		
131	339	Stephanie	Spangenberg	29	F	31:23		
132	69	Tara	Garmon	33	F	31:24		
133	233	Heather	Bracewell	32	F	31:26		
134	163	Jeanne	Larrison	59	F	31:30		
135	407	Laurie	Thompson	41	F	31:32		
136	113	Clare	Imholtz	67	F	31:33		
137	136	A.	Sappington	50	F	31:42		
138	316	Cori	Walters	17	F	31:42		
139	290	Madison	Davis	18	F	31:45		
140	148	Abigail	Jennings	9	F	31:49		
141	317	Julie	Parenti	50	F	31:51		
142	414	Regina	Flagg	54	F	31:58		
143	51	Carolyn	Clements	36	F	32:06		
144	185	Brenna	Steinberg	44	F	32:08		
145	63	jennifer	haines	41	F	32:09		
146	285	Angela	Papillo	49	F	32:11		
147	322	Dianah	Ngo	35	F	32:12		
148	247	Leslie	Spangler	47	F	32:16		
149	102	April	Sprecher	37	F	32:23		
150	412	Becky	Boughn	40	F	32:25		
151	88	Penny Lee	Joyner	44	F	32:27		
152	331	lisa	stern	43	F	32:35		

Place	Bib	First	Last	Age	Gender	Time	Award	Team Award
153	191	sarah	pickett	28	F	32:40		
154	300	Leslie	Stipcak	46	F	32:42		
155	83	Angela	Marini	47	F	32:43		
156	178	Eileen	Foley	63	F	32:45	3rd, 60-64	
157	127	Nikki	Rudy	34	F	32:49		
158	68	Angela	Kinna	47	F	33:04		
159	180	Nancy	Olmscheid	56	F	33:05		
160	305	Felicia	Aaron	24	F	33:10		
161	105	Elizabeth	Novara	34	F	33:13		
162	400	Renate	Owen	49	F	33:14		
								Maya & BB, 1st grandmother- granddaughter
163	22	Bonnie	Key	61	F	33:15		
164	91	Cecille	Hunter	33	F	33:16		
165	128	Lynn	Smith	45	F	33:17		
166	203	Eva	Coale	49	F	33:19		
167	187	Ellery	Bowman	9	F	33:27		
168	186	Kirsten	Bowman	37	F	33:28		
169	27	Margaret	McNeill	53	F	33:31		
170	28	Elizabeth	McKee	25	F	33:32		
171	340	Lauren	Hein	19	F	33:40		
172	327	Jessey	Heigh	18	F	33:44		
173	75	Naomi	Sum	28	F	33:45		
174	254	Crystal	Palmer	34	F	33:47		
								McGill Power, 1st Aunt- Niece
175	284	Jane	Williams	42	F	33:49		
176	54	Jennifer	Elliott	32	F	33:50		
177	245	Patricia	Murphy	55	F	33:54		
								Way Station Trotters, 1st Corporate
178	29	Lisa	Taylor	25	F	33:55		
179	38	Lacee	Fogle	26	F	33:57		
180	40	Rachel	Hansberger	26	F	33:57		
181	236	Brittany	Dimitri	26	F	33:59		
182	237	Melissa	Hahn	44	F	34:02		
183	323	Pam	Gourley	44	F	34:19		
184	265	Wanda	Sims	54	F	34:20		
185	149	Patricia	Jennings	57	F	34:21		
186	406	Jennifer	Crabb	35	F	34:25		
187	282	Stacy	Miller	27	F	34:27		
188	86	Sharon	McElroy	49	F	34:31		
189	156	Tina	Cole	44	F	34:38		
190	333	Annette	Stepler	49	F	34:48		
191	263	Kathy	Cordelli	59	F	34:54		
192	121	PATTI	HAWKINS	53	F	34:58		
193	205	Kristy	Brooks	35	F	35:11		
194	297	Rebecca.	Hommer	45	F	35:18		
195	132	Grace	Stottlemeyer	10	F	35:32		
196	417	Abby	Gaver	13	F	35:33		
197	307	Beth	Morgan	54	F	35:35		
198	324	Lisa	Willingham	44	F	35:35		
199	31	Jolene	Miller	47	F	35:39		
200	318	Myra	Emata-Stokes	38	F	35:48		
201	37	Chelsea	Hayas	25	F	35:54		
202	46	Hannah	Withers	24	F	35:59		
203	312	Hilary	Papuchis	29	F	36:01		

Place	Bib	First	Last	Age	Gender	Time	Award	Team Award
204	103	Courtney	Howe	17	F	36:03		
205	228	Lynne	Smith	50	F	36:04		
206	229	Hannah	Smith	18	F	36:05		
207	291	Sally	Sebastian	50	F	36:16		
208	314	Cierra	Johnson	19	F	36:20		
209	274	Michelle	Johnson	39	F	36:21		
210	36	Janet	Francis	32	F	36:22		
211	81	Jennifer	Lubkin	36	F	36:27		
212	301	Janis	Keegan	41	F	36:39		
213	351	Michelle	Cassady	40	F	36:49		
214	352	Christine	Kruger	62	F	36:50		
215	244	Kezia	Williams	32	F	36:59		
216	114	Heather	Spurrier	31	F	37:00		
217	415	Suzanne	Heigh	51	F	37:03		
218	272	Kristin	Fogle	44	F	37:04		
219	320	Sheryl	Aberion	34	F	37:11		
220	219	Jennilee	Ambush	32	F	37:20		
221	402	Erin	Hessong	18	F	37:22		
222	7	Julie	Trapp	70	F	37:23	2nd, 70-74	
223	23	Deborah	Childers	61	F	37:26		
224	50	Karen	Dickman	49	F	37:27		
225	82	Kimberly	Hessong	47	F	37:29		
226	49	Lorna	House	67	F	37:31		
227	147	Heather	Jennings	40	F	37:36		
228	73	Kimberly	Folkerts-Huff	53	F	37:42		
229	71	Virginia	Fromel	63	F	37:51		
230	286	Jennifer	Sauter	37	F	37:58		
231	223	Michelle	Ellinger	30	F	38:03		
232	62	Tomika	Blakeslee	35	F	38:04		
233	58	Melissa	Dasch	32	F	38:06		
234	139	Srah	Staley	34	F	38:07		
235	122	Dana	Grossnickle	34	F	38:08		
236	183	Carrie	Gottesman	8	F	38:13		
237	280	Meghann	Luna	22	F	38:20		
238	60	Rosa	Mandich	58	F	38:21		
239	344	Barb	Herrmann	61	F	38:29		
240	8	Liz	daRosa	41	F	38:38		
241	194	Kira	Froude	33	F	38:51		
242	169	Michelle	Schmorr	34	F	38:53		
243	259	Ella	Wirth	7	F	39:01		
244	258	Sarah	Wirth	35	F	39:02		
245	141	Valerie	Goehring	54	F	39:06		
246	216	Melita	Jovel	35	F	39:12		
247	204	Bridgette	Wilson	42	F	39:13		
248	70	Vera	Gibbs	63	F	39:25		
249	174	bev	Byron	61	F	39:35		
250	218	Christie	Gray	38	F	39:39		
251	101	Cynthia	Diamondstone	67	F	40:07		
252	354	Dawn	Williams	34	F	40:07		
253	117	Susan	Garfield	57	F	40:12		
254	278	Shelby	Maly	18	F	40:23		
255	277	Barbara	Maly	49	F	40:33		
256	281	Bev	Hood	50	F	40:35		
257	330	Emily	Bannon	29	F	40:50		
258	206	Rosemary	Onley	59	F	40:59		

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259	94	Joan	Sauerwein	61	F	41:11		
260	341	Wanda	Harris	46	F	41:20		
261	334	TANYA	JONES	47	F	41:28		
262	66	HAZEL	SENIOR	60	F	41:39		
263	409	Katie	Rypka	11	F	41:44		
264	410	Lori	Rypka	42	F	41:45		
265	1	Charmaine	Massiah	45	F	41:46		
266	418	Kristin	Gaver	37	F	41:51		
267	116	Mary	Adelsberger	32	F	41:52		
268	4	Kate	Speelman	28	F	42:02		
269	269	Yvonne	Aasen	82	F	42:12	1st, 80+	
270	201	JOANNE	MALLET	80	F	42:19	2nd, 80+	
271	302	Kimberly	Ballard	27	F	42:26		
272	161	Patricia	Sherman	74	F	42:29	3rd, 70-74	
273	419	Melinda	Machande	41	F	42:50		
274	338	Judy	Trentini	51	F	42:51		
275	17	Christina	Caravoulias	59	F	42:59		
276	167	Maggie	Hawk	33	F	43:27		
277	20	Celeste	Dorsey	57	F	43:36		
278	420	Carrie	Tressler	37	F	43:39		
279	239	Vicki	Lee	47	F	43:58		
280	421	Stephanie	Amos	47	F	44:03		
281	34	Debi	Young	59	F	44:10		
282	222	DENISE	CUFFIE	43	F	44:19		
283	199	Diana	Richardson	55	F	45:15		
284	30	Kathleen	Vanderpool	57	F	45:29		
285	310	Teresa	Crum	58	F	46:09		
286	276	Patricia	Cramer	55	F	46:15		
287	242	Angela	Dredde	51	F	46:17		
288	59	Anne-Marie	Dula	54	F	46:18		
289	220	Emily	Clowser	33	F	46:25		
290	296	Susan	Amerena	52	F	46:39		
291	221	Donna	Smith	60	F	46:40		
292	182	Emily	Ashley	39	F	46:43		
293	405	Deneen	Mattocks	49	F	46:51		
294	137	Sylvia	Bowens	69	F	46:56		
295	202	Marie	Kehoe	49	F	46:59		
296	11	Nichole	May	29	F	48:17		
297	275	Mary	Hise	66	F	48:17		
298	96	Patricia	Rich	74	F	48:36		
299	124	Traci	George	43	F	48:48		
300	215	Danielle	Moore	33	F	49:23		
301	208	Kathleen	Gorelick	29	F	49:28		
302	129	Virginia	Bell	49	F	50:24		
303	53	Katy	Coleman	10	F	50:27		
304	52	Tracy	Coleman	45	F	50:28		
305	172	Elyse	Chaprnka	24	F	52:16		
306	243	Diane	Bauer	59	F	52:38		
307	193	Katrinka	Martin	60	F	52:43		
308	76	Grace	Crowder	56	F	53:42		
309	95	Lenee	Dirzuweit	42	F	53:43		
310	423	Catherine	Crowder	28	F	53:45		
311	264	Amanda	Hagan	26	F	54:08		
312	271	Tiffany	Raines	5	F	54:16		
313	270	Crystal	Raines	38	F	54:18		

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314	115	Shirley	Stroup	65	F	54:59		
315	171	Marian	Chaprnka	58	F	56:16		
316	109	Leah	Garner	58	F	56:17		
317	144	Sherrijoyce	King	66	F	57:25		
318	145	Sara	Amin	31	F	57:26		
319	123	Jeanne	Baker	56	F	1:03:22		
320	119	Gail	Rudisill	65	F	1:03:25		
321	48	SAVANNAH	JACKSON	37	F	1:03:28		
322	249	Maria	Green	50	F	1:03:30		
323	160	Emma	Mathews	13	F	1:03:35		
324	153	Katharine	Warehime	32	F	1:03:53		
325	152	Linda	Warehime	67	F	1:03:54		
326	159	Sue Ann	Tabler	73	F	1:03:58		
327	135	Treasure	Little	33	F	1:09:02		
328	166	Jenny	Cook	31	F	1:10:14		
	21	Vanessa	Hernandez	40	F	No Time Recorded		
	273	Jessica	Flook	28	F	No Time Recorded		

please send any corrections to [info@frederickwdf.com](mailto:info@frederickwdf.com)